

Annual Reporti 2024 - 2025

# GISDA

#### **OUR AIMS**

To provide support and opportunities to homeless and/or vulnerable young people in Gwynedd by offering:

Accommodation and support services

Therapeutic, creative, leisure, and educational activities

Advice and information

Training, volunteering opportunities, and work experience



#### STRATEGIC AIMS

## Voice

The voices of young people are heard and included in matters that affect them

## Accommodation

Increase our accommodation provision to meet the growing need among young people

# Wellbeing

Improved wellbeing for every young person supported by GISDA

# Support

A tailored support plan for every young person supported by GISDA

# Opportunities

Every young person supported by GISDA is ambitious in their aspirations for the future

## **GISDA IS 40 THIS YEAR!**

GISDA was established in 1985 to provide accommodation and support for homeless young people in the area. We are a charity that offers support and opportunities to homeless and vulnerable young people in Gwynedd.



# SIAN TOMOS CHIEF EXECUTIVE OF GISDA

Another busy and exciting year!

It has been an extremely busy and very productive year at GISDA. We managed to support over 700 homeless and vulnerable young people during the year. New partnerships were developed and among some of our main projects was the development of 3 new sites including Caxton House in Pwllheli. Despite the financial challenges, we managed to start new projects, develop hubs and more provide more opportunities for young people. I would like to thank our dedicated staff, experienced Management board members and the commissioner for their continued trust and support. As we reach a significant milestone for the charity, 40 years of service, we are proud to report that we are in a strong position to continue leading quality services for the young people in the area who need us.



# LLINOS OWEN CHAIR OF GISDA'S BOARD

The Board is pleased to present this annual report in what is a special year for GISDA as we approach the celebration of 40 years of service. We are extremely proud of the work of our dedicated staff who provide vital support to the young people of Gwynedd. Listening to the personal experiences of the young people has reminded us of the exceptional value of the charity. Without GISDA, the county would be a poorer place. A heartfelt thank you to everyone who contributes – together, we can continue to make a real difference.

#### **2024-25 IN NUMBERS**

764

of young people have received support

Number of GISDACTIVE sessions

**53** 

a w a r d s

2980

volunteering hours Number of young people who have moved on from housing support

167

144

Received emergency support in our hubs

468

received mental health and wellbeing support

**227** 

of people received LGBTQ+ training 80.56%

of young
people have
improved their
mental health
and wellbeing

335

Agored Cymru
Units and Virtual
Training
Completed

£69,305

in grants to our young people

Number of LGBTQ+ Youth Club nights

91





48
young people
received
accommodation
through Housing
Support"

young parents
received
accommodation in
our housing

young people received supported accommodation in the community

have received crisis support in our hubs

144

312
young people have received support

100%

Stating that they are able to communicate easily about any issue.

100%

Stating that GISDA has helped them manage their accommodation

100%

Stating that the support is good or very good

# MY STORY, MY JOURNEY - THANK YOU GISDA

"GISDA came into my life during a dark period of isolation and struggle. Through their help, in particular with my transgender transition journey, my life has improved in every conceivable way. I am happier, more complete, and now being in university thanks to the help of all my support workers at GISDA, at a point where I am proud of my life. I would not have thought almost six years ago that any of this had been possible, but thanks to the love and support of GISDA I am now proud of my life.

Not only have I been supported in the above ways, I have also been treated with patience, kindness, and encouragement throughout my time living in Hafan, the halfway Tre Gof, and finally in the flat they helped me to get. This support gave me the essential time I needed to become who I am today. For this and so much more I thank GISDA with all my heart. In particular, living in Hafan allowed me to meet many of the people who are still my friends to this day, without whom I would have struggled all the more in life.

I owe a great debt of kindness to GISDA for supporting me and for teaching me vital skills that I would have been lost without, including budgeting, cooking, and socialising. It is with great joy in my heart that I am now studying in university, which, among other things, would not have been possible without the help of GISDA.

Thank you."







335

AGORED CYMRU UNITS AND VIRTUAL COLLEGE TRAINING COMPLETED

344 221 651

of young people received support **72** 

INDEPENDENT LIVING SKILLS

TRAINING

DRIVING THEORY

86%

of young people have moved on to work, volunteering, or training

82%

young people reporting increased confidence and work-related skills following support



#### **VOLUNTEERING**

## 

69

people have volunteered this past year



2980
of volunteering
hours

GISDA HELPED ME FIND MY VOICE, AND NOW I VOLUNTEER TO HELP OTHERS FIND THEIRS. TOGETHER, WE'RE NOT JUST CHANGING LIVES; WE'RE SHAPING THE FUTURE AND BUILDING A COMMUNITY WHERE EVERY VOICE COUNTS.



#### **TAITH**



Trips to New York, Poland, Cornwall, Liverpool, London, Italy

YOUNG PEOPLE HAVE TRAVELLED ABROAD

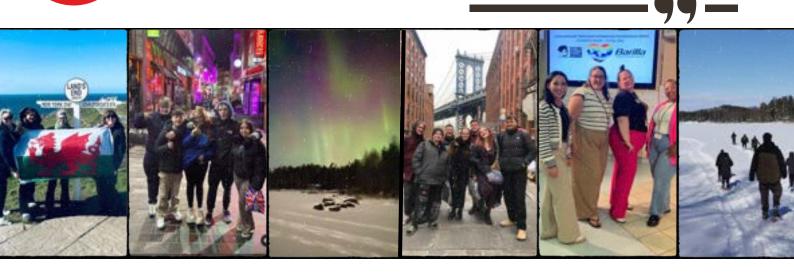
YOUNG PEOPLE TRAVELLED IN THE UK

STAFF MEMBERS HAVE HAD TRAVELLING OPPORTUNITIES

COLLEAGUES FROM POLAND HAVE VISITED WALES



THIS TRIP TO POLAND HAS CHANGED MY LIFE. I'VE EVOLVED AND COME OUT OF THIS EXPERIENCE A BETTER MAN.





121

Number of young people supported at any one time

93 REFERRALS (AGES 18-25)

28 REFERRALS (AGES 16-18)

- 10% are asylum seekers
- 3% are in prison
- 3% are young people in foster care
- 6% are homeless

We have worked in partnership with Gwynedd Council and the Welsh Government to develop 4 self-contained flats for care leavers, with practical support provided on-site.



**EXPERIENCED TEAM LEADER - AMY THATCHER JONES** 

MEETING MY PERSONAL ADVISER WARMED MY HEART- IT'S DIFFERENT WHEN SOMEONE TRULY UNDERSTANDS.













# IT'S SO NICE TO HAVE A PLACE WHERE I CAN BE MYSELF.

99

A young person receiving support through the LHDTC+ Project



# GISDA Llesiant / Wellbeing

224

number of young
people who have
received mental
health and
wellbeing support



66

COMING TO THE ICAN HUB TAKES THE PRESSURE OFF MY LIFE. I GET TIME TO RELAX, THINK ABOUT POSITIVE THINGS, AND DEVELOP SKILLS TO COPE WITH LIFE.



163
of referrals

81%

young people have experienced improved mental health and wellbeing

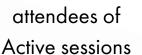
**72%** 

young people feeling less lonely











of Active

# 40km Challenge: Pwllheli to Caernarfon

GISDA staff and young people walked 40 kilometres from Pwllheli to Caernarfon to mark 40 years of GISDA's service, raising over £2,000. The journey demonstrated strength, collaboration, and commitment to supporting young people facing challenges, raising funds and awareness along the way.





I get the chance to set clear goals, go to the gym, and work on my health." -Young person receiving 1-1 support from Gisdactive

"I've made friends through GISDACTIF, it's easy to talk while going for a walk or in the gym."— Young person attending Gisdactive sessions



#### **CREATIVE**

282
of sessions /

I LOVE IT. I LOOK FORWARD TO THE ACTIVITIES EVERY WEEK. I REALLY ENJOY THEM.

#### **Aber i Aber – Community Music Wales**



A 10-week music project in partnership with Community Music Wales. Young people developed musical skills, composed an original song about Caernarfon, and professionally recorded it in a studio.

#### Olion (Frân Wen x GISDA)

An ambitious theatre project with Fran Wen, featuring seven young people from GISDA performing in Olion after two years of development work through the Nabod project.



#### **Art in Nature: Ysbyty Gwynedd Gallery**



A project in partnership with iCAN where young people used art as a therapeutic outlet to explore mental health, with nature at the heart of the work. The project concluded with an exhibition at Oriel Ysbyty Gwynedd.



48
Young
People's
Board
sessions

118
young people
attended

#### **TRANSPORT CAMPAIGN**



Our Young People's Board has contributed to a public transport campaign that has resulted in £1 bus tickets for young people under 25.



#### SENEDD IEUENCTID CYMRU

Lewis has been elected to represent GISDA in the Welsh Youth Parliament 2025-2028.



#### **OUR HUBS**

#### **PARTNERSHIPS**

We have developed a strong network of partners in the hubs to provide practical support to young people to help them overcome barriers and achieve their potential.

GISDA has
distributed
£69,305
in financial grants to
young people







We provide bilingual support to young people across Gwynedd, covering over 979 square miles across the county.



#### **AWARDS**

MENTAL HEALTH
& WELLBEING
WALES AWARDS
2024
SHORTLIST FOR
THE
INSPIRATIONAL
CHARITABLE
ORGANISATION

#### YOUNG PEOPLE



GWYNEDD
VOLUNTEERING
AWARDS 2025
SHORTLIST VOLUNTEER OF THE
YEAR



GWYNEDD VOLUNTEERING AWARDS 2024 JEM – VOLUNTEER OF THE YEAR



WALES CHARITY
AWARDS 2024
REECE - SHORTLIST
FOR YOUNG
VOLUNTEER OF THE
YEAR



CENTREPOINT AWARDS
2024
ANYA - CENTREPOINT
PARTNER AWARD





WcVA CGGC





TPAS GOOD PRACTICE AWARDS 2024 ANYA - YOUNG TENANT OF THE YEAR

### **VISITS**

#### SIAN GWENLLIAN MS

Sian Gwenllian MS visited GISDA to meet with young people and see the Youth Board to discuss the Transport Campaign. She had the opportunity to hear about their experiences and the important messages raised by young people regarding local transport challenges.



# DEREK WALKER - THE FUTURE GENERATIONS COMMISIONER

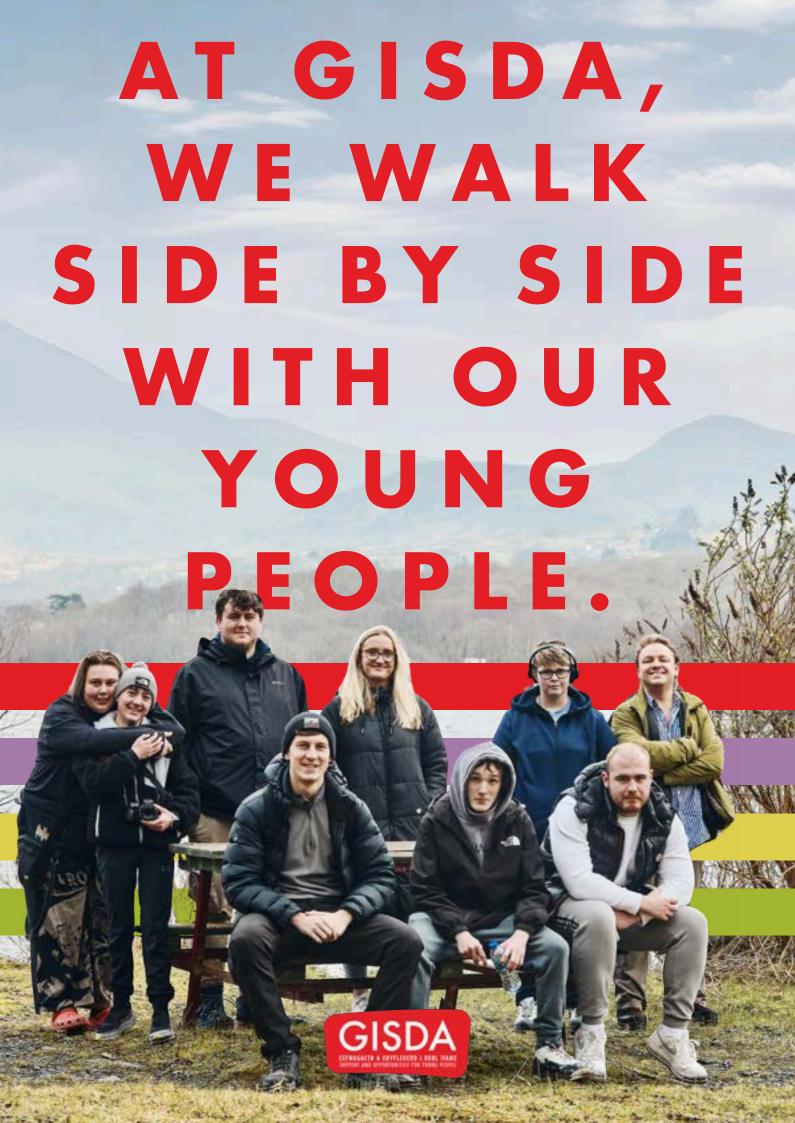




# EFA GRUFFYDD WELSH LANGUAGE COMMISIONER

GISDA welcomed Efa Gruffudd Jones, the Welsh Language Commissioner, to our site in Caernarfon. We discussed our work with young people and the emphasis on delivering services through the Welsh language. It was a valuable opportunity to share our offer and learn about the Commissioner's priorities for the coming years.





# REPRESENTING GISDA ACROSS WALES AND BEYOND

# GISDA was pres Work Conference inspiring day his NABOD project, Welsh language overseas trips. Ilearn and build support young property and project in the conference of the conference in the co

GISDA was present at the Youth Work Conference in Cardiff — an inspiring day highlighting the NABOD project, work through the Welsh language, and educational overseas trips. An opportunity to learn and build partnerships to support young people.

Gwaith Youth leuenctid Work Cymru Wales

#### SHELTER CYMRU CONFERENCE

GISDA attended the People and Homes Conference hosted by Shelter Cymru, focusing on the housing crisis in Wales. The importance of social housing, homelessness, and the need for ongoing support were discussed. There was an opportunity to share the experiences of young people in Gwynedd and to hear about the commitment to making housing a national priority.



#### **FEANTSA**



GISDA is a member of the FEANTSA membership movement, an umbrella homelessness body for organisations across Europe. This vear's conference was over two days in May. It Athens was a fantastic opportunity reflect, and meet organisations from across Europe. was clear that no country untouched by the challenge homelessness. responding t o practice good Learning from others learning i s important part of how we operate at GISDA.

#### ALI FORNEY



Kaya, the TAPI Project Manager, Parma with the TAITH went to Project attend LHDTC+ a n forum led by the Ali Centre. Twenty-five from 16 countries came together to share ideas and learn about services for LHDTC+ young people. l t was valuable opportunity to share GISDA's work, learn from others, and gather ideas to develop our local support.

# MY STORY, MY JOURNEY - THANK YOU GISDA

I stayed with GISDA in 2015, during one of the hardest times in my life. As a young person with nowhere else to go, GISDA gave me more than just a roof over my head — they gave me safety, support, and a real chance to rebuild.

What stood out most was the kindness and patience of the staff. They didn't just see a "homeless teenager" — they saw potential, even when I couldn't see it in myself. Thanks to their support, I gained stability, confidence, and direction.

After moving on from the main GISDA house, I went on to a supported flat in Tre Gof, where I had more independence, but still knew the staff were by my side whenever I needed them. That balance of freedom and support helped me grow even more.

Now, 10 years on, I'm proud to say I'm living independently in my own home. I have a full-time job and have even passed my driving test and got my licence. It's been a journey, but I wouldn't be where I am today without GISDA's support.

I want to give a special shout-out to Andy (head of the GISDA house), Elin (my support worker), Lynne (a staff member who was a great support while I was there), the late Anwen, and Sandra, who took us on our weekly cleaning tasks — and to everyone else at GISDA who played a part in helping me through that chapter of my life. You all made a difference.

I'll always be grateful for the part GISDA played in helping me grow into who I am today. They truly change lives, and I'm proud to say I'm one of them.



#### **GISDA'S FUNDERS - THANK YOU!**







Ariennir gan

Lywodraeth Cymru

Funded by

Welsh Government

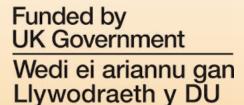
































# GISDA

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